



Dr. Scott Yamaoka, DDS, MS, FRCD(c)

Diplomate of the American Board of Periodontology
Certified Specialist in Periodontics

ORAL AND IV SEDATION PATIENT INSTRUCTIONS FOLLOWING SURGERY

Up to 24 hours following sedation may be required for the full effects of the medications to wear off. During this period, it is essential that you follow these instructions.

Discharge and Transportation

- You must be discharged to the care of a responsible adult who can accompany you home
- Arrangements should be made to have an adult remain with you for the remainder of the day if you have been sedated intravenously
- **A taxi driver does not count as your escort**

Food and Beverages

- Cool liquids such as smoothies, protein shakes are initially advised
- Diet can be increased to soup/pasta consistency as tolerated
- Do not drink alcohol for 24 hours

Smoking

- Refrain from smoking after surgery

Medications

- Take the medications that Dr. Yamaoka prescribed as instructed
- You may resume your regular medications after the procedure

Activity Restrictions

- Do not operate motor vehicles, aircrafts, boats, power tools, or machinery for 24 hours or longer if drowsiness/dizziness persists
- Do not sign or enter into any legal contract for at least 24 hours
- Do not exercise or do any intensive physical activities for 5 days after the procedure

If you experience any acute pain, heavy bleeding from the surgical site, respiratory issues or any other post-operative concerns, please notify the office at 604-738-3626. In the event of an emergency after hours, you can reach Dr. Yamaoka on his cell phone at 604-788-6476.

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